Water lettuce
*Pistia stratiotes*

Water lettuce is a free-floating aquatic weed that rapidly forms dense mats covering rivers, dams and irrigation canals. It can restrict water flow, increase water loss by evapotranspiration and can serve as a breeding ground for mosquitoes. It creates a dense cover on the water surface that prevents light penetration and exchange of gasses. This leads to a drop of oxygen in the water which is detrimental to the aquatic ecosystem.

There is a big infestation in the Warrego River at Cunnamulla that is of concern, as much of the Murray–Darling catchment is currently free of this weed and all efforts should be made to control this infestation and prevent further introduction. In all other areas of Queensland, an integrated control strategy should be adopted to reduce infestations.
Legal requirements

Water lettuce is a category 3 restricted invasive plant under the Biosecurity Act 2014. It must not be given away, sold, or released into the environment. The Act requires everyone to take all reasonable and practical steps to minimise the risks associated with invasive plants under their control. This is called a general biosecurity obligation (GBO). This fact sheet gives examples of how you can meet your GBO.

At a local level, each local government must have a biosecurity plan that covers invasive plants in its area. This plan may include actions to be taken on certain species. Some of these actions may be required under local laws. Contact your local government for more information.

Description

As the name suggests, the entire plant resembles a small, floating, open head of lettuce. The fan-shaped leaves are pale green, have marked parallel veins, are spongy and covered with hairs and form a floating rosette. The spongy tissue and the air that gets trapped by the hairs give the plant its buoyancy. It has a tuft of unbranched, fibrous roots up to 80 cm long.

Mature plants produce a large number of small, pale white to green, inconspicuous flowers hidden at the base of the leaves of the rosette. A membrane separates the male and female flowers. The fruit is a berry 5–8 cm across with oblong seeds about 2 mm long, tapered at each end.

Life cycle

Active growth of plants begins with increasing temperatures in spring. Flowering commences early in the plant's life—about the fourth or fifth leaf stage; high plant densities trigger flowering. After flowering, seeds drop to the muddy bottom and form a persisting seed bank. The plants can produce large number of seeds over a season (several thousands per meter square). Seeds germinate in late November to early December the next season and float to the surface as seedlings.

Plants reproduce vegetatively throughout the growth season. Each mother plant generates several daughter plants that row on stolons (up to 20 cm long). Water lettuce is sensitive to frost.

Methods of spread

Water lettuce spreads both by vegetative reproduction and by seeds.

Habitat and distribution

The origin of water lettuce remains unclear and was introduced to Australia as an aquarium and water garden specimen. As a result of flooding and abandonment, the plant is now found in a number of areas throughout eastern Queensland. The plant prefers stationary or slow-moving streams and could become established in most areas of the state. Water lettuce thrives in water with high nutrient concentrations.

Like other floating plants, water lettuce can survive for long periods when stranded on mud banks or in other damp situations (such as a roadside culvert where it may even take root).

Impacts

Under tropical conditions, growth is rapid; dense mats form, often covering rivers, dams and irrigation canals. These mats, with their long roots, can restrict the flow of water, increase water loss through evapotranspiration and reduce light penetration that is necessary for photosynthesis in submerged aquatic plant life. The lack of oxygen and the shading significantly impact on native aquatic animals and plants.

The presence of water lettuce is especially undesirable in the Murray–Darling system as it could possibly spread into inland New South Wales, Victoria and South Australia were it is currently not established.

Control

Managing water lettuce

The GBO requires a person to take reasonable and practical steps to minimise the risks posed by water lettuce. This fact sheet provides information and some options for controlling water lettuce.

In most cases the best management approach combines herbicide, mechanical, fire and biological control methods with land management changes. It is essential to choose control methods that suit the specific weed and the particular situation.

Prevention and early detection

New infestations may become established when plants are brought into new areas by flooding or accidental transport, i.e. through boating. Surveillance and physical removal at such times may prevent infestation. Public education to prevent disposal of plants from domestic situations is necessary.

Mechanical control

Water lettuce removal by hand or racking is a practical control method often used for small areas or when numbers are low. The use of water weed harvesters may also be used in larger areas.

Physical removal is most effective for small infestations and should be made before flowering and seeding.

Mechanical control of water lettuce can help take advantage of flooding or water flushes that deposit water lettuce in dams, lagoons and calm water areas of rivers and creeks. When using this approach it is essential water lettuce is removed before its rapid growth commences. Water lettuce can survive if it is deposited or left on moist banks it. To help prevent the reintroduction of water lettuce into the watercourse, it is essential it is moved from the water's edge.

Biological control

A weevil (Neohydromonus affinis) has been introduced and exert good control in some areas.
The weevils have proved effective on dams from Bundaberg to Brisbane. The life cycle of the weevil takes about three months. Eggs are laid in the fleshy leaves and the larvae tunnel through the plant tissue. The openings assist the entry of fungi and bacteria, causing the tissue to rot.

Biological control is most effective on large infestations, but it may take several years to achieve satisfactory control if used in isolation from other methods. To establish an effective breeding population of biological control agents, infested plants should be placed in an area where the water lettuce is concentrated.

Your local government or Biosecurity Queensland can assist you with protocols and information on the collection site nearest to you.

**Herbicide control**

Before using any herbicide always read the label carefully. Apply all herbicides strictly in accordance with the directions on the label. When treating water which is used for irrigation purposes, the withholding period should be followed in accordance with the label recommendations.

Spraying with herbicides is often the only practical method for large infestations. Autumn applications tend to be more effective than summer ones. Table 1. details the herbicides for control of water lettuce.

**Integrated control**

Integrated control is a sensible strategy that includes a combination of mechanical, biological and herbicide methods that complement each other.

First make certain that the weevils are established on the infestation, and then carry out mechanical control or a spray program using a selective herbicide. Selectively controlling strips of the water lettuce mats helps concentrate the biological control insects onto the remaining weed to increase damage.

Mechanical removal of dead plants will avoid water quality degradation by masses of rotting weed.

**Further information**

Further information is available from your local government office, or by contacting Biosecurity Queensland on 13 25 23 or visit biosecurity.qld.gov.au.
## Table 1. Herbicides for the control of water lettuce

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<th>Situation</th>
<th>Herbicide</th>
<th>Rate</th>
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| Waterways, non potable water, drains, dams, margins lakes and streams | 2,4-D acid 300 g/L (e.g. Affray 300) | 50 mL/10 L water or 500 mL/100 L water  | Knapsack: coverage 10 L spray solution/100 m²  
Hand gun: coverage 200 L spray solution/100 m²  
Avoid causing submersion of sprayed plants |
|                                                       |                                  | 1 L/20 L water                            | Sprinkler sprayer¹  
Coverage: 20 L spray solution/1000 m² |
|                                                       |                                  | 5 L/200 L water/ha                        | Boom application by helicopter  
Raindrop D8 nozzles angled back at 45° to minimise spray drift  |
| Aquatic areas                                         | Diquat 200 g/L (e.g. Diquat 200 (various brands), Reglone®) | 5–10 L/ha                                | Add wetting agent  
Higher rate for denser infestations or dirty water  
Overall spray, thoroughly wetting foliage  
Clear water is necessary for best results  
Use higher rate for heavy infestations or for deep or dirty water (consult label)  
Do not use water for 10 days after application  
Follow label instructions |
|                                                       |                                  | 400 mL/100 L water + 150 mL                | Small areas  
Thoroughly saturate  
About 1 mL of product (250 mL of spray mix) should be sufficient to treat 1 m²  
Do not use water for 10 days after application (consult label) |
| Aquatic areas (drains, channels, margins of streams, lakes and dams) | Calcium dodecyl benzene sulphonate (e.g. Apparent Immerse) | 1:19 with kerosene  
Apply 1 L of mixture per 100 m² | Sprinkle onto free floating plants and adjacent water surface lightly, just enough to change their normal colour  
Don’t spray dense solid mats with no visible water surface |
| Aquatic areas                                         | Glyphosate 360 g/L (e.g. Ken-Up Aquatic 360, Weedmaster Duo) and other formulations registered for use in aquatic areas (numerous products) | 1–1.3 L/100 L water or 150–200 mL/15 L knapsack (for other formulations consult labels for correct rates) | Best results are obtained from mid-summer through to winter  
Use higher rate on dense infestations (consult label) |

### Notes

There are multiple formulations of glyphosate, but only some are registered for use in aquatic situations. Formulations that are not registered for aquatic use may contain ingredients that are harmful for non-target aquatic organisms and must not be used.

Diquat is the only product registered for use in water storage areas used for human consumption. Do not use treated water for human consumption, livestock watering or irrigation purposes for 10 days after application of diquat.

¹A sprinkler sprayer consists of a micro sprinkler connected to a hollow fibreglass rod attached to a pneumatic knapsack sprayer. It is used at low pressure (50 to 200 kPa) with a slow sweeping action over the top of the plants to ensure an even coverage of the leaves.

*Read the label carefully before use. Always use the herbicide in accordance with the directions on the label.*